

I tested positive for HIV just one week before my 21st birthday. I was afraid, I didn't tell anyone, and I didn't go into treatment right away. But now I know the value of medical care and treatment. I found a doctor who I love and who's been ultra-sensitive and helpful throughout my transition. And because of HIV treatment, my viral load is undetectable and my CD4 cell count is back to normal. I live my life to the max and I want other transgirls living with HIV to know that it only gets better from here!







Get in care. Stay in care. Live well. cdc.gov/HIVTreatmentWorks